

# GLAMOUR

"You  
do not need  
to be anorexic to  
be successful in  
Hollywood."

—Zooeey Deschanel

## Dress Cuter for Work

With Stuff You  
Already Own

It's Not Just You!  
Crazy  
Questions  
Gynos Get  
Asked All  
the Time

## 1,000+ Guys Get Honest

About:  
You in Bed  
Secret  
Office  
Crushes  
Their  
Sexual  
Bucket  
Lists  
& More

## Zooeey

The New  
Girl Talks  
Boys

*Exclusive*  
**Bonus Hair  
Magazine  
Inside!**

Flip This Issue Over for  
100 Easy Ideas

Man oh mani!  
Steal her look, page 14



FEBRUARY 2013



# GLAMOUR Feb 2013

# 134

## Hey, It's Zooey! ▶

Hollywood's newest power player on why she isn't afraid of what *anyone* thinks. Plus, it's our Guy Issue: The year's hottest men take over our pages.

### On Our Cover

Zooey Deschanel was photographed by Ellen von Unwerth in Los Angeles. To get the look, do winged

liner and a bright lip. We love Rimmel London Glam'Eyes Professional Liquid Liner in Black Glamour, \$6, and Kate Moss Lasting Finish Matte Lipstick in 110, \$5.50, both at drugstores. For her waves, spritz wet hair with volumizer like Pantene Pro-V Fine Hair Root Lifter Spray Gel, \$5, blow-dry, set with rollers, and finish with Pantene Pro-V Beautiful Lengths Strengthen and Smooth Finishing Crème, \$6, both at drugstores. Fashion editor: Maggie Mann; hair: Roque for Tracey Mattingly; makeup: Pati Dubroff for The Wall Group; manicure: Tom Bachik for Cloutier Remix; producer: Peter McClafferty; prop stylist: Christopher Casanova. Dress, Prabal Gurung; necklace, Louis Vuitton; gold and diamond bracelet, Phillips House; bracelet with charm, Juliet & Company. This page: dress, Oscar de la Renta; gold bracelet, Phillips House; bracelet with charm, Juliet & Company; belt, L.L. Bean; flats, Repetto. Go to [glamour.com/magazine](http://glamour.com/magazine) for more shopping information. Read all about Deschanel on page 134.

"I've never had a problem saying my opinions about things," says Deschanel.

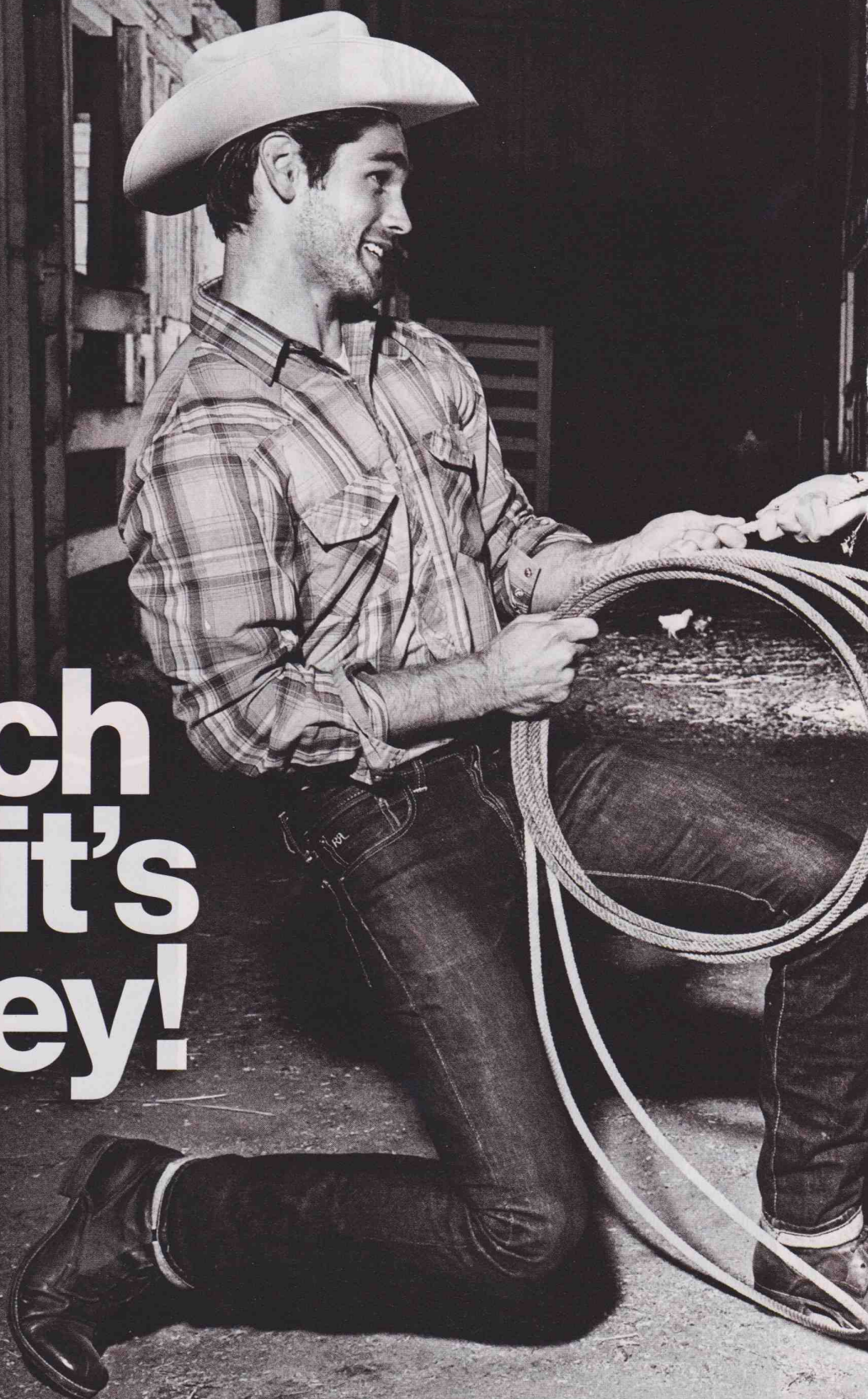


## back at the ranch

"I've never had a problem saying my opinion about things," says Deschanel, shown lassoing model Justin Gaston. Bustier top, Rebecca Minkoff; pants, Olympia Le-Tan; thin bracelet, Juliet & Company; gold and diamond bracelet, Phillips House; boots, What Goes Around Comes Around; vintage belt. Go to [glamour.com/magazine](http://glamour.com/magazine) for more shopping information.

Fashion editor:  
Maggie Mann

# watch out, it's zooney!







**She's not just the  
New Girl—she's  
Hollywood's new  
power player.  
Guys love her, we  
love her, and  
this is going to  
be her year.  
By Logan Hill**

**photographs by Ellen von Unwerth**





### in the saddle

"I just realized I am happier and do better work if I'm doing what I believe in," says Deschanel. Dress, RED Valentino; belt, Gap; thin bracelet, Juliet & Company; bracelet, Phillips House; pumps, Christian Louboutin. Go to [glamour.com/magazine](http://glamour.com/magazine) for more shopping information.

“ I want to be a f--king feminist and wear a f--king Peter Pan collar. So f--king what? ”



# MARES

• AGE 55 • CAIN 39 •  
 • ANGEL 7B •  
 • ANNIE 5 • CHEROKEE 60  
 • ALVIN 62 • CHIEF 44 •  
 • BEAR 35 • CHLOE 20B  
 • BLAZE 26 •  
 • BOOMER 18 •  
 • BRO 59 • DESTINY 8  
 • BUCKSHOOT 33 • DJ 11B  
 • ZOOEY 1 • DOC 20 •  
 • CANDY 17B • DUTCH 52 •

# GELDINGS

GALAXY 3 • MAMBO 20 • • SCRAPPY 24 • TOBIE  
 GIMMEL 41 • MARILYN 38 • • PHOENIX 8B • SHAKESPEARE 2B  
 GLADIS 57 • MISTY 2 • • POKEY 23 • SHERLOCK 10B • TONTO  
 GERONIMO 13 • • POSEIDON 54 • SHILOH 21 • TOP NOTO  
 • GOLDIE 12 • • MOUSE 36 • PRINCE 1 • SIMONA 28B • TRAGER 4  
 • GUS 3B • MUDDY WATERS • • RA 25B • SINGER 48 • TRIGGER  
 HALF PINT 16 • MUSTARD 56 • REBEL 25 • • TUXEDO 1  
 HARRY 19B • NEPTUNE 7 • • SUNDANCE 47 • WALTER 3  
 • LITTLE BRO 5 • • ROXY 42 • • TAHOE 40 • XAVIER 2  
 • LIMO 27 • PATCHES 6 • SAWYER 28 • TINY 6B • ZEE 40  
 • MALCOLM 34 •







ooey Deschanel

is not the “adorkable” goof some of her fans might expect. In the booth of a downtown Manhattan breakfast joint, dressed down in a cozy gray cashmere sweater and knock-around jeans, she’s girly, yes—but I can also see a savvy woman: confident, calm, and craving caffeine after waking up at four in the morning for a TV appearance. *New Girl*’s Jess can’t ever make up her mind, but Deschanel, 33, the show’s star and producer, seems to know exactly what she wants. And she’s getting it: Since 2011 she has raked in three Golden Globe and five Emmy nods for *New Girl*, not to mention a Grammy nomination for her She & Him collaboration with musician M. Ward, plus a headlining role as Loretta Lynn on Broadway in the works. As she spoons her butternut squash soup and steals a few shrimp from my plate, Deschanel has a lot to say about life as a boss, Hollywood’s thin machine, and her online critics. Listen in.

**GLAMOUR:** One of the things I really like about *New Girl* is its sense of optimism, as opposed to snark.

**ZOOEY DESCHANEL:** I’m very optimistic. People assume I’m a Pollyanna, but I just don’t think it’s worth it to publicly cut people down. Believe me, in my private life there is plenty of stuff I don’t like. I appreciate snark!

**GLAMOUR:** The show is a huge success. Are you glad you made the jump to television?

**ZD:** I’m just going where the material is. Some of the smartest people run the network I’m on. People sometimes say, “Oh, you were a movie star,” and I’m like, “No, I was a supporting actress.” I wasn’t an A-list actress, and I’m fine with that. I’m proud of what I did in film. But getting to do the stuff that I was passionate about was such an uphill battle. If *New Girl* had been a movie, I don’t know whether I would have been given the opportunity to do it.

**GLAMOUR:** You’re a producer on the show, and you’ve started a business with your website Hello Giggles. You’re the boss. What’s that like?

**ZD:** I’ve never had a problem saying my opinion about things. On my first job, when I was 17, they wanted me to wear

this headband, and I didn’t want to. So I just went right up to the creator of the show and asked, “Do I have to wear this headband?” And she said, “No, you don’t.” My mom laughed, but I didn’t even think it was weird, asking about headbands as a guest actor on my first professional show.

**GLAMOUR:** Your hair—the length, the bangs—has become somewhat of a trademark, actually.

**ZD:** When I first started I would really disappear as an actor. A lot of what was written about me was “She could be a CIA agent.... We don’t recognize her.” I sort of made a decision that I wanted to feel my own identity, so I stuck with a look. Now what people say about me is “She has bangs.”

**GLAMOUR:** Do you consider your hair part of your “brand”?

**ZD:** This business is all about branding! But I’ve never been like, “Let’s calculate an image.” I’m just, “I like that. Let’s do that.” I grew up loving French New Wave movies, and so a lot of what I like is that style. It’s just about doing what you like so that when you look at yourself, you’re not disgusted. And I’m all about unintentional. I’m not a calculated person.... Somebody asked me, “How did you start doing comedy?” and I was like, “By being unintentionally funny.” I think making a movie or a record, the best things happen by accident—and those end up being the magic.

Every time I’ve followed my gut it’s been better than when I’ve tried to do what I was *supposed* to do.

**GLAMOUR:** How do you deal with criticism? You’ve become this oddly controversial figure to some women. One post on Jezebel cited you as an example of “manic pixie Muppet Babies”—women who buy vintage dresses on Etsy, love kittens, and, in the eyes of some critics, set all women back by doing so.

**ZD:** I’m just being myself. There is not an ounce of me that believes any of that crap that they say. We can’t be feminine *and* be feminists *and* be successful? I want to be a f--king feminist and wear a f--king Peter Pan collar. So f--king what?

**GLAMOUR:** You can be a strong, independent businesswoman who sometimes wears tiaras.

**ZD:** It’s just an accessory! That’s the thing: If you are tearing down somebody who has forged her own path just for wearing a tiara, rethink your priorities. I never stop myself from doing something because I’m afraid of what people might think.

I remember I was with Loretta Lynn last summer, and she said, “They say I’m not a feminist.” And she’s the best role model you could think of. In the sixties and seventies, she was writing songs about the birth control pill and being a strong woman, and people *still* criticized. *Continued on page 140* ►

## The Very Best of Jess!

Some of her most-loved lines from *New Girl*

“I find it fundamentally strange that you’re not a dessert person. It freaks me out.”

“I’m kind of emotional right now because of the breakup, so I’ll probably be watching *Dirty Dancing* six or seven times...a day.”

“For someone with a soulmate, you sure did have sex with me.”

“My boobs are loving this unemployed thing. They don’t have to go to boob jail every day.”





her. So I always think about that. The thing about the Internet is that people can sit in a dark room and criticize other people and no one can see them.

**GLAMOUR:** Does some of your not-putting-people-down policy come from your youth? You grew up in Los Angeles, an industry kid—your father is a well-known cinematographer, your mother is an actress, and, of course, your sister, Emily, is currently the star of her own hit show, *Bones*.

**ZD:** I had a really great childhood, but I had a tough time in between, like, 8 and 13. Thirteen was as low as it gets. I had no filter, and I overthought everything.... Then I lost weight and everybody liked me. It wasn't that everybody *loved* me; it was just that they weren't following me around, spitting on me, you know. I literally had that. There was a girl I wanted to find on Facebook because she literally spit in my face in the seventh grade. I finally found her, in some photos at a mutual friend's wedding. I saw her and went, "Oh my God, it's her!"

**GLAMOUR:** Were you kind of hoping her whole life had collapsed?

**ZD:** No. But some part of you hopes that they know they were an asshole.

**GLAMOUR:** Were you picked on more by girls than by guys?

**ZD:** I did go through this period where girls would just be mean, so I had a lot of guy friends, but I've really found as an adult the importance of having female *and* male friends. Don't be scared of female friendships!

**GLAMOUR:** Speaking of high school behavior—everyone seems to have an opinion on what weight actresses should be. Do you feel pressure to look a certain way?

**ZD:** I don't. But actresses have definitely gotten thinner over the course of my lifetime. Women I admired growing up—Debra Winger, Diane Keaton, Meryl Streep—were all beautiful and thin, but not too thin. There are a lot of actresses who are unhealthy-skinny—much, much too skinny. You can't Pilates to that. I'm a very small person, and if I lost 15 pounds, I'd look like them; it's scary. For young girls, what does that say? You need to look this way to be successful? That's not true. You do *not* need

to look or be anorexic to be successful in Hollywood. The range of what's acceptable is larger than what people believe.

**GLAMOUR:** When I googled your name, items two, three, and five are all about boyfriends.

**ZD:** I don't like to talk about that stuff. All of a sudden it belongs to other people, and people think they have a right to make judgments about your personal life. Which they don't.

**GLAMOUR:** So you won't talk about dating since your divorce?

**ZD:** [*Shakes head no.*]

**GLAMOUR:** Do you want to have kids?

**ZD:** That is so personal, and it's my pet peeve when people press you on it. And it's always women who get asked! Is anybody saying that to George Clooney?

**GLAMOUR:** I get it. Do you give any dating advice to your friends?

**ZD:** I could answer that. It depends on the people. Everyone has to make some compromises.... I think of my parents, who have been married for 40 years, and my grandparents, who were married for 69 years before my grandfather passed away. My dad is so sweet; he's always like, "Your mom is a better cook than any restaurant." And I remember my grandfather looking at my grandmother, saying, "She's the most beautiful woman in the world." You can't get any better than that. But we live in a different time. I don't get

it when people just have the goal of meeting someone—then it's only about the goal. I've never been a five-year planner.

**GLAMOUR:** You talk directly to your fans on Twitter a lot. Is that personal connection important to you? Some people have their tweets written for them.

**ZD:** I do all my tweets myself! People sometimes write back, "Who is writing this? This isn't Zooey," and I'm like, "Ah, yes, it is—it's me running around between trailers and shots!"

**GLAMOUR:** How long can we count on you playing Jess?

**ZD:** As long as they want to employ me, I guess! ■

*Logan Hill is a journalist living in Brooklyn. He writes for GQ, The New York Times Magazine, and Rolling Stone.*

“People sometimes say, ‘Oh, you were a movie star,’ and I’m like, ‘No, I was a supporting actress.’ And I’m fine with that.”

## Zooey, Is That You? The story of how a chameleon nailed her look





**“I never stop myself from doing something because I’m afraid of what people might think.”**

### **a guy's girl**

“I did go through this period where girls would be mean and I had a lot of guy friends,” says Deschanel, with ranch hands Isaac and Douglas, opposite, and with Gidget, here. “But I’ve found as an adult the importance of having female *and* male friends.” Dress, Balmain; earrings, Louis Vuitton; bracelet, Phillips House; thin bracelet, Juliet & Company; tights, Falke; boots, What Goes Around Comes Around. Opposite page: shirt, Behnaz Sarafpour; bra, Wacoal; skirt, Richard Chai Love; pumps, Manolo Blahnik; vintage belt. Go to [glamour.com/magazine](http://glamour.com/magazine) for more shopping information.







### puppy love

"I think a lot of people think that they know me. I'm not Jess; I just look the same," says Deschanel. Bustier, John Rocha; skirt, Rochas; thin bracelet, Juliet & Company; bracelet, Phillips House; belt, L.L. Bean; pumps, Manolo Blahnik. Go to [glamour.com/magazine](http://glamour.com/magazine) for more shopping information.

Model: Justin Gaston at Ford Models; hair: Roque for Oribe Hair Care at Tracey Mattingly; makeup: Pati Dubroff for The Wall Group; manicure: Tom Bachik for Cloutier Remix; producer: Peter McClafferty; prop stylist: Christopher Casanova.